

LIONS FOR STOMA CARE WORKSHOP IN DHARWAD - HUBLI : (16th to 19th February 2006.) Reported by Dr. Harikesh Buch

Introduction :

The Department of Surgery, SDM medical college & North Karnataka Cancer therapy & Research center -Hubli, organized a Stoma care workshop for nurses & doctors of local hospitals of Dharwad & Hubli from 16th to 19th February 2006. SDM medical college hospital is about 500 bed hospital with almost all major specialities but does not have a stoma clinic. North Karnataka cancer therapy & research institute, Hubli is the only cancer hospital in entire North Karnataka & has about 200 beds with all types of oncology services. Both institutes serve a vast population of around 15-1800000. Dr. Carlo-Pezcoller of Italy, Dr Harikesh Buch, of Mumbai, Mrs Anjali Patwardhan (Senior most ET trained in south east Asia & at present at Tata cancer hospital, Mumbai) & Mrs Jyoti, the Enterostoma therapy [E.T] nurses from Mumbai were invited faculty members from outside &. Drs Anil Halgeri, Suresh & Shilpa Huchchannavar, Raviraj Raykar, Bharat Kshatri, Dr Deka, Dr B.R, \ Patil etc were local faculty members. About 10 doctors & 30 Nurses participated in the workshop. The stoma appliances were displayed by the manufactures. About ten stoma patients & their relatives were called & they also actively participated in the workshop.

Inaugural function:

The workshop was inaugurated by Prof Carlo Pezcoller, who stressed the need for the formation of the ostomates association & for the stoma clinic in the hospital. Dr. Buch & Dr Nianjankumar Medical director of SDM Medical College & Hospital , Mrs Anjali Patwardhan & Mrs Jyoti & Mr Krisna Kulkarni were the guest of Honour.

Pre Test Questionnaires: were given to all the delegates to evaluate the existing information.

The Structure of the Workshop :

The workshop was structured to give comprehensive knowledge & practical demonstrations of the topics starting from Anatomy. Physiology of G.I Tract & G.U.Tract, indications for stoma, types of stoma, pre-op counselling, stoma siting, pre-op preparation, post-op care, discharge planning, complications of stoma surgery & their management, Local, regional, national & international scenario of colo-rectal cancer Radio & chemotherapy of colo rectal cancers, indications & complications of stoma in paediatric patients etc.

Demo of the stoma appliances:

The dealers of the stoma appliances demonstrated their product range & explained the specific usage of their products. The E.T. nurses also showed the various appliances & demonstrated the actual method of their usage on some stoma patients. Also how to

deal with complications around stoma were also addressed by them on actual patients. Since colostomy is a commonest stoma created, Irrigation technique was also dealt with in detail by ETs & Dr. Buch.

The Ostomates Meet.

In this workshop, unlike in previous countries, patients with stoma & their next of kin were invited to discuss their perspective of ostomy surgery. & this was well received by all participants. About ten different types of ostomates attended the workshop. They shared their experienced with each other & with other delegates. The relatives of the ostomates also participated in the discussion & learnt the current method of giving stoma care to the patients.

Ostomy Association & Stoma clinic:

The North Karnataka Ostomy association was inaugurated at Hubli cancer hospital, Hubli, in presence of about 250 doctors , nurses & ostomates, by Dr R.V.Patil senior most local surgeon who also is a founder member of cancer hospital. It was decided to request ostomates & surgeons & nurses of Belgaum to join with this group instead of forming a separate ostomy association. At this function Dr R.V.Patil also released a book of information about ostomy care in Kanada, a local language, translated from its English version . These books were distributed to all participants & also to ostomates & their relatives. Almost all faculty members & local surgeons & many local social workers donated contribution & became honorary members of this ostomy association. Product manufacturers also generously donated to this association.

But the Stoma Clinic is the need of the hour & it was decided to request the Medical Director to set up a Stoma Clinic in the hospital.as soon as possible & design of the clinic was also given to the hospital architect.

Post-test questionnaire: were given to all participants to assess the increase in the information about stoma care.

Valedictory function: The valedictory function was held on 19th Feb.2006. Dr B. R. Patil, Dr Ravi Kalgati, Dr Deka were guest of honour. Distributed certificate of participation to all participants along with Dr Carlo Pezcoller & Mrs Anjali Patwardhan. Mr. Krishna Kulkarni , son of late Mr Narayan Kulkarni who was an Ostomate & active social worker & educationist in Dharwad & Hubli ,proposed the vote of thanks.

We are indebted to Dr Niranjan Kumar Medical director of SDM medical college Dharwad & Dr R.V. Patil & Dr Deka of Hubli Cancer hospital for all the support & extending local hospitality to all of us for this workshop. We also would like to thank & express gratitude to Prof. Dr.C. Bhaskar Rao, Director of SDM dental college who made our stay very comfortable in their guest house for all of us & took care of local hospitality. The workshop was free for the delegates, because of the support from SDM Medical College

& North Karnataka Cancer therapy & Research center& the promised support by the manufactures / dealers of the stoma appliances.

We greatly appreciate the enthuthiastic & tireless work ethics of Mr krishna Kulkarni & his family members & all his young & dynamic friends.to organise this stoma care workshop at Dharwad - Hubli.With out these young peoples support it would have been impossible to hold this workshop. The Lions & Rotary clubs have shared the local hospitality to the external faculty members of the workshop. The Lions of District 108 Tb, Italy Kindly sponsored Prof. Carlo Pezcoller for his participation in this workshop in India.

Social Evenings :

We were invited to local Lions club meeting in Dharwad. They honoured Prof Carlo Pezcoller,Dr Harikesh Buch, ETs Mrs Shivani & Mrs Shushma. We had evening dinner at Lions club meeting.Prof. Carlo Pezcollar stressed the importance of international Lions club participation in Stoma care programme to spread awarness & knowledge about stoma care in less priviledge areas of the world at large & India in particular. He exchanged gifts from lions club of Modena, Italy with local Lions club ,of Dharwad

We also had an social evening with Local Rotary club members in Dharwad again Dr Calro Pezcoller stressed the importance of co operation between various local & international service clubs in educating health care givers about stoma care.Prof. Calro also stressed how various service clubs by providing financial support for workshops like these,support to establish & maintain stoma associations & stoma clinics & by using their good offices to influence government to enact appropriate laws to help stoma patients. We were also invited to speak on stoma care & its importance in local medical association meeting one evening followed by a nice dinner. Dr B.R.Patil & Other surgeons of Hubli cancer hospital had kindly organized nice farewell dinner for all of us.

We had chance to visit some local sight seeing places & had chance to visit local farm house to see Bedgi chillies & many other plants & trees.We did manage to visit Old historic towns of Aiholi where temple architect was first time practiced in India in 4th - 7th century.AD.& also old stone caves in Bedami near Dharwad & Hubli.Thanks to our local host Mr Krishna Kulkarni & his family.

Stoma Care Workshop in Belgaum (22nd to 25th February 2006) :

Introduction

The Department of Surgery, J.N. Medical College, & KLES Hospital & MRC, Belgaum, along with the Belgaum District Branch of Karnataka state Chapter of the Association of surgeons of India held a workshop on Stoma Care from 22nd to 25th February 2006. KLES hospital is about 1500 bed hospital with almost all specialities but does not have stoma clinic. It serves a population of around 800,000.It is attached to a J.N. medical

college which admits about 100 new students in medical course.& also has P.G.degree course in almost all specialties.

Dr. Carlo-Pezcoller of Italy, Dr Harikesh Buch, of Mumbai, Mrs Shivani & Mrs Sushmita, the Enterostoma therapy [E.T] nurses from Mumbai were invited faculty members from outside &. Drs Sandip, Sudhakar, Dhumale, Shimikore, Hema, A.S.Godhi, Ved Bhushan, Neeli, Abhinandan, Nerli, Vijay Pujar, were local faculty members for the workshop. About 40 doctors & 10 Nurses participated in the workshop. The stoma appliances were displayed by the manufactures. About ten stoma patients & their relatives were called & they also actively participated in the workshop.

Inaugural function

The workshop was inaugurated by Prof Carlo Pezcoller, who stressed the need for the formation of the ostomates association & for the stoma clinic in the hospital. Dr. Buch & Dr M.V. Jali MD CE of KLES Hospital were the guest of Honour. Dr. V.D. Patil. Principal JNMC presided over the function Dr. A.S.Godhi welcomed & Dr Ved Bhushan proposed vote of thanks.

Pre Test Questionnaires: were given to all the delegates to evaluate the existing information.

The Structure of the Workshop: The workshop was structured to give comprehensive knowledge & practical demonstrations of the topics starting from Anatomy. Physiology of G.I.Tract & G.U.Tract, indications for stoma, types of stoma, pre-op counselling, stoma siting, pre-op preparation, post-op care, discharge planning, complications of stoma surgery & their management, Local, regional, national & international scenario of colorectal cancer Radio & chemotherapy of colorectal cancers, pediatric indications of stoma etc.

Demo of the stoma appliances: The dealers of the stoma appliances demonstrated their product range & explained the specific usage of their products. The E.T. nurses also showed the various appliances & demonstrated the actual method of their usage on some stoma patients. Also how to deal with complications around stoma were also addressed by them on actual patients. Since colostomy is the most common stoma created, irrigation technique was also dealt with in detail by ETs & Dr. Buch.

The Ostomates Meet. In this workshop, unlike in previous countries, patients with stoma & their next of kin were invited to discuss their perspective of ostomy surgery.& this was well received by all participants. About ten different types of ostomates attended the workshop. They shared their experienced with each other & with other delegates. The relatives of the ostomates also participated in the discussion & learnt the current method of giving stoma care to the patients.

Ostomy Association & Stoma clinic: The North Karnataka Ostomy association was inaugurated recently few days back at Hubli cancer hospital, Hubli & therefore it was decided to join hands with them instead of having a separate association at

Belgaum. But stoma clinic is the need of the hour & it was decided to request the medical director to set up a stoma clinic in the hospital.as soon as possible & design of the clinic was also given to hospital architect.

Post-test questionnaire: were given to all participants to assess the increase in the information about stoma care.

Valedictory function: The valedictory function was held on 25th Dr.M.V. Jali MD, CE, & Dr.Chiniwalar Chairman KSC/ ASI & Dr. V.A. Patil G.C. Member were the special invites Dr. Pangji proposed the vote of thanks.

We are indebted to Dr. V.D. Patil & Dr. MV. Jali for all the support to this workshop. The workshop was free for the delegates, because of the support from JNMedicalCollege & KLES Hosp MRC & the promised support by the manufactures / dealers of the stoma appliances. The Lions & Rotary clubs have shared the local hospitality to the external resource persons of the workshop. The Lions of District 108 Tb, Italy Kindly sponsored Prof. Carlo Pezcoller for his participation in this workshop in India.

Social Evenings : We were invited to local Lions club meeting where District Governer Lion Mr Ravi Hegde was a special guest. They honoured Prof Calro Pezcoller,Dr Harikesh Buch, ETs Mrs Shivani & Mrs Shushma.We had evening dinner at Lions club meeting.Prof. Carlo Pezcollar stressed the importance of international Lions club participation in Stoma care programme to spread awarness & knowledge about stoma care in less priviledge areas of the world at large & India in particular. He exchanged gifts from lions club of Modena, Italy with local Lions club , Belgaum. We also had an social evening with Local Rotary club members in Belgaum. We participated in celebrating Rotary international's birthday & Prof. Carlo Pezcoller, again stressed the importance of co operation between various local & international service clubs in educating health care givers about stoma care. Prof. Carlo also stressed how various service clubs by providing financial support for workshops like these,support to establish & maintain stoma associations & stoma clinics & by using their good offices to influence government to enact appropriate laws to help stoma patients.

We had chance to visit some local sight seeing places & had chance to visit local golf club as well. Principal of medical college Dr V. D. Patil & CEO of the Hospital Dr Jali had kindly organized a fantastic farewell dinner one evening for all faculty members.



Participants in Hubli workshop



Relatives caring for patient



Bedami Caves



Participants in Belgau



Innovative Urostomy Appliance



Meeting with Lions Club, Dharwad



Practical Demonstration